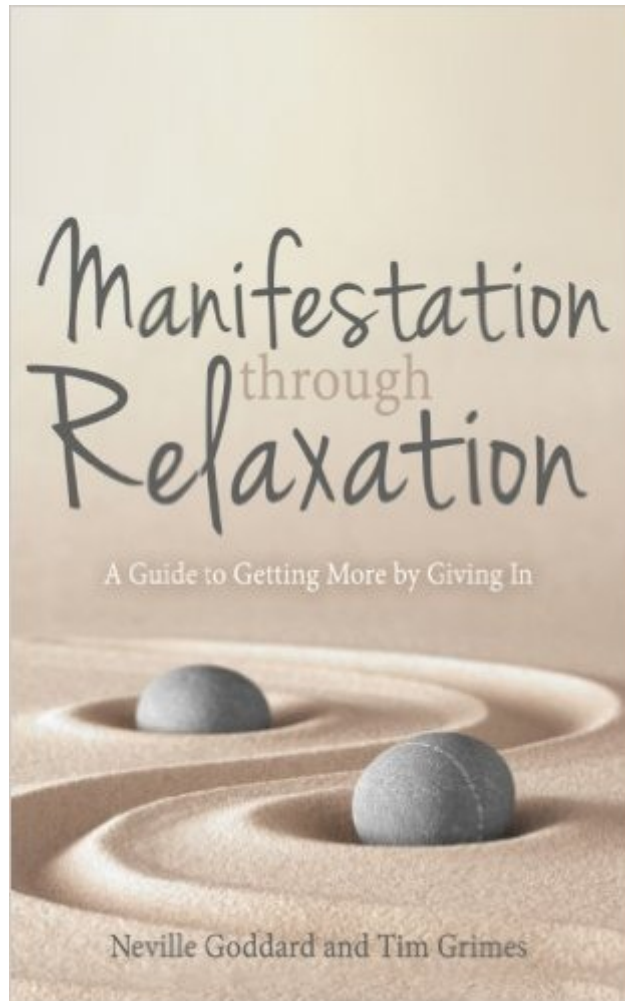


The book was found

Manifestation Through Relaxation: A Guide To Getting More By Giving In



Synopsis

"Neville may be the positive-thinking movement's most radical and subtly influential voice." - Mitch Horowitz, bestselling author of "One Simple Idea" - Your Guide to Getting More by Giving In... This book is going to show you how to achieve much more of what you want in life - by trying less. Most of us don't think personal, financial and spiritual success starts with relaxation. But we're wrong. You're about to find out that increased relaxation doesn't just lead to better mental and physical health, but other tangible forms of prosperity. Feeling stressed out and stuck in the same aggravating rut over and over again? Then this powerfully unconventional advice is for you. Inside you'll discover how to:

- *Work less to achieve more
- *Streamline the manifestation of your desires
- *Take advantage of simple activities to easily and consistently reduce your stress
- *Raise your level of relaxation to facilitate receiving what you want
- *Attain a peaceful work-life balance
- *Utilize stress reduction tools to reach specific goals quickly and with far less effort

Don't delay finding out about this unique, life-changing information. Scroll up to buy your copy today!

Book Information

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Customer Reviews

While admittedly I've historically had no particular affinity for the Bible, the manner in which this book interprets certain aspects of it was very interesting to me. What if the stories within it aren't necessarily supposed to be taken literally? What if, instead, there are deeper life lessons and metaphysical instructions embedded within the work? Teachings that are intended to inspire people to understand that as "children of God" they have the gift within their own consciousness to manifest

the type of life they truly want to experience. With the self-help industry typically focused on the use of various tools to aid one's manifestation efforts, according to this book all that "effort" really isn't necessary. Instead, the greatest benefits will come from relaxing into the process as opposed to manually trying to "make something happen." Conceptually, this makes great sense to me based on my own life experience, as essentially every time I've tried to make something happen nothing did; on the contrary, in several instances when I just relaxed and trusted that things would work out, inevitably they did. For this reason this work resonated with me and as such I feel that it has solid merit as a spiritual growth resource.

I have read a great deal of spiritual guidance books; however, this was the one that touched me and made sense as no other! Thank you Neville and thank you Tim Grimes for your interpretation in today's language! A great read!

Simple yet to the point. No more is needed to accomplish whatever you desire. I have read literally hundreds of books on this topic. None have been so clear and on target. It makes more sense than anything I have ever read. The explanations make it so you understand why and how the practice of relaxation is how to make things happen. Read it and read it again until you get it, because this is exactly how it's done!

I was initially put off from reading this book as I have extensively read Neville and wondered whether the author was just piggy backing his work. However I have found this to be an excellent way of deepening my understanding of Neville and of my own consciousness. It is very well written with useful analogies and I would highly recommend purchasing along with as many Neville readers as you can get your hands on.

I listened to the Audible version of this book. MANIFESTATION THROUGH RELAXATION was an absolutely invaluable audiobook. There's much wisdom to be found here and applicable ways of practicing relaxation through contemplative prayer. That being said, this book is in no way preachy. It discusses natural vs. spiritual states of being in an easy to understand way. It also teaches that we must learn to relax. I love the teachings of NEVILLE GODDARD as well as TIM GRIMES. In "The Divine Economy", the "I am responsible for all that happens in my life" is true. Quote from the book; "We must become the thing that we want others to be or we'll never see them be it. You're consciousness is the only true foundation in the world." GREG ZARCONE did a fantastic job

narrating this book. He made it easy to understand and he has a nice tonal quality to his voice. He was upbeat and positive which was perfect for this audiobook. I'll listen to this again. Well worth it."This audiobook was provided by the author, narrator, or publisher at no cost in exchange for an unbiased review courtesy of Audiobook Blast."

Another great book from Goddard! I have read all that I could find on , and would recommend them to anyone looking for answers in life.... I am very thankful to have found them here!

As I began to relax, I notice things manifesting. For example, I relaxed and checked my email and followed instructions to apply for the job. Before I had tried to apply but could not get passed the old information that was blocking the pathway to the new. In short, seeing good results come from reading and application is what one desire is it not? I enjoyed the book because the information is not just theory. Truth has been shared.

I enjoy reading Neville, but sometimes it can be difficult to follow. The sections by Neville included in this were from books I have read before, but I enjoyed revisiting them and felt Tim Grimes provided a very good discussion that helped the concepts sink in, perhaps in a way unlike my first time reading these words from Neville.

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